



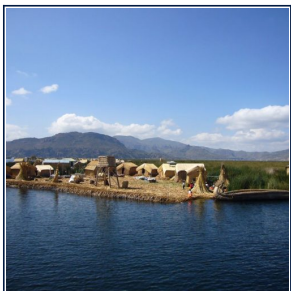
## COACH TOUR - IN THE FOOTSTEPS OF INCAS - 9N/10D



### ITINERARY

In The Footsteps Of Incas:  
10days Tour (Trafalgar)

Treading the paths of the Incas and their ancestors, we uncover the symbols of Peru, from Lake Titicaca to Machu Picchu, travelling in comfort to this World Heritage Site aboard the Vistadome train. You'll enjoy Insider moments like...sailing across Lake Titicaca to the floating reed islands of the Uros Indians with an expert introducing you to the native Quechua-speaking villagers. And, of course, we try authentic Peruvian food and drink - like the local favourite chicha, a drink made only by women, which we enjoy at a local chicheria.



Day 1 : ARRIVE LIMA (2 NIGHTS)

Bienvenidos a Lima, dubbed the "City of Kings" by conquistador Francisco Pizarro in 1535. You will be met by a local host upon arrival and taken to your luxury hotel in fashionable Miraflores (check in time 3 p.m.).

Hotel : Hilton Miraflores



## Day 2 : LIMA FREE TIME AND SIGHTSEEING

Late this morning, a special experience is waiting to welcome you to beautiful Peru. Meet Ignacio Barrios, a young chef who has already worked alongside many of Peru's award-winning chefs, as well as internationally. Visit a local market where Ignacio will explain how Peruvian fruits, vegetables, seafood and meat are the bases of diverse Peruvian cooking. Afterward, visit Ignacio's cooking school where you will see a demonstration on how to prepare some of Peru's most popular foods including quinoa and fruit salad. Then enjoy a Be My Guest Welcome Reception lunch of typical Peruvian dishes, such as aji de gallina and lomo saltado, created just for you by Ignacio and his sous chefs. After lunch, meet your Local Specialist and start your city tour of the highlights of Lima. Enjoy a wonderful panoramic view of Lima's ancient districts and visit the Church of San Francisco, the most notable group of colonial buildings in the city. Its unique wooden cupola of Moorish design covers the imperial staircase. Explore the impressive underground catacombs along with a religious art museum and extensive library. This evening is yours to enjoy at leisure.

Meal(s)

Full Breakfast

Be My Guest Dining



## Day 3 : LIMA - CUSCO - SACRED VALLEY

Fly to Cusco this morning. On the drive to the Sacred Valley, stop to meet a Shaman who will perform a Pago a la Tierra (Payment to Mother Earth) ceremony, an ancient ritual of the Andean culture and Cultural Insight to welcome you to Cusco and bless your trip. Afterward, stop to visit an animal rescue sanctuary, another Cultural Insight, in Cochahuasi where animals such as vicuñas, alpacas, llamas, and Andean condors are being protected and rehabilitated. Here you will also learn about the natural dyeing techniques native weavers from different areas use as they show their various weaving styles and way of dress, a Cultural Insight. Enjoy a box picnic lunch before exploring the vibrant handicraft market of Pisac. Visit a local chicheria to learn about chicha, a Cultural Insight and favourite drink of the Andes. Arrive at your luxurious valley retreat in the heart of the Andes this afternoon.

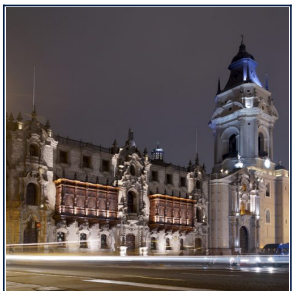
Meal(s)

Continental Breakfast

Lunch

Dinner

Hotel : Aranwa Sacred Valley Hotel and Wellness





**Day 4 : SACRED VALLEY - OLLANTAYTAMBO - MACHU PICCHU**  
This morning, visit the Inca stronghold of Ollantaytambo before heading toward Machu Picchu aboard the Vistadome train (light snack included). Panoramic views of the valley and mountains are sure to delight. Once you arrive at this UNESCO World Heritage Site, explore the stunning ruins of this once-great fortress with a Local Specialist. Visit the great Temple of the Sun, the House of the Priest, the Sacred Plaza and the intricately carved Intihuatana. Later, if you're interested in participating, a cooking class will be offered by the hotel's head chef where you will learn how to prepare Peruvian ceviche and mix the perfect pisco sour. Dinner is at the hotel this evening.

Meal(s)

Full Breakfast

Dinner

Hotel : Sumaq Machu Picchu

**Day 5 : MACHU PICCHU - CUSCO (2 NIGHTS)**

Return to Machu Picchu and continue your exploration on your own. Perhaps hike up to the Gate of the Sun for stunning views. Then travel back to the Sacred Valley by train where your evening is free to explore Cusco or simply enjoy the amenities of your elegant five star hotel.

Meal(s)

Full Breakfast

Hotel : Palacio del Inka, a Starwood Luxury Collection Hotel  
Authentic Accommodation

**Day 6 : CUSCO SIGHTSEEING**

Meet a Local Specialist and begin the day with a visit to Sacsayhuaman, an impressive site of ruins towering over Cusco and a UNESCO World Heritage Site. Then visit the Cathedral, a stunning example of colonial architecture that was completed in 1694 after over 100 years of construction. Also visit bohemian San Blas, a unique neighbourhood with artisan shops and craft workshops. Stroll the cobblestone streets and admire the Incan Walls. Then meet an anthropologist, your Local Specialist, from the renowned National University of Antonio Abad in Cusco and gain insight into Peru's history, geography and culture. Tonight, enjoy a your choice dining experience, giving you the option to eat at one of several local restaurants.

Meal(s)

Full Breakfast

Your Choice

**Day 7 : CUSCO SIGHTSEEING - JULIACA - PUNO (2 NIGHTS)**

In the morning, fly to Juliaca where you will meet your Local Specialist to learn about daily life - the Peruvian Altiplano. Also, visit Sillustani, a lakeside pre-Incan burial ground to explore its chullpas (above ground tombs) before arriving in Puno along the shores of magnificent Lake Titicaca. Enjoy breathtaking views of the lake at sunset.

Meal(s)

Full Breakfast

Lunch

Hotel : Libertador Lake Titicaca

**Day 8 : LAKE TITICACA EXCURSION**

Cruise beautiful Lake Titicaca with a Local Specialist. Discover the floating islands constructed out of reeds by the Uros Indians. Next is Taquile Island for a private tour to meet local Quechua-speaking villagers, renowned for their knitting and weaving techniques. Learn more about the culture of the people living on the island and enjoy a Regional Meal lunch. Tonight, dinner is at a favourite local restaurant in Puno.

Meal(s)

Full Breakfast

Regional Meal

Dinner

**Day 9 : PUNO - JULIACA - LIMA**

This morning, your journey continues with a flight to Lima. Take advantage of some free time this afternoon. Tonight, experience one of Lima's most renowned museums after dark. Visit the Larco Museum, full of pre-Columbian artefacts such as jewelry, ceramics and pots that offer insight into the cultures of ancient Peru. You'll then sit down to a gourmet Farewell Dinner of Peruvian dishes, while you overlook the museum's beautiful gardens; a night of great food and culture celebrating your Peruvian holiday.

Meal(s)

Full Breakfast

Farewell Dinner

Hotel : Hilton Miraflores

**Day 10 : DEPART LIMA**

Say hasta luego to Peru and transfer to the airport for your flight home, or if you like, extend your stay at the Hilton Miraflores.

Meal(s)

Continental Breakfast

Full Breakfast

INCLUSIONS:

Sightseeing Highlights:

City tours in Lima and Cusco

Visit an animal sanctuary in Cochahuasi, the outdoor market at Pisac, the ruins at Ollantaytambo, 15th century fortress of Machu Picchu, historic Sacsayhuaman, the Uros Islands, and the Larco Museum in Lima

Cruise Lake Titicaca

Scenic drive through the Sacred Valley

Iconic train journey aboard the Vistadome train

Dining

9 breakfasts.

4 lunches

(including Be My Guest).

5 dinners.

Travel Highlights:

☐Luxury air-conditioned coach with WiFi in most countries or alternative transportation (such as rail journeys)

☐Hand-picked 4 and 5 star accommodation

☐Hand-picked Insider Experiences

☐Optional Experiences and free time

☐All portorage and restaurant gratuities

☐Must-see sightseeing and surprise extras

☐An expert Travel Director and separate Driver

☐All hotel tips, charges and local taxes

☐Airport transfers on the first and last day of your guided holiday

☐VIP entry to many sights

☐Audio Headsets for flexible sightseeing

☐9 nights first class accommodation

☐A Trafalgar bonus - All Intra-Air Flights: Lima-Cusco, Cusco-Juliaca and Juliaca-Lima, including porter service at all airports

Airport Transfers