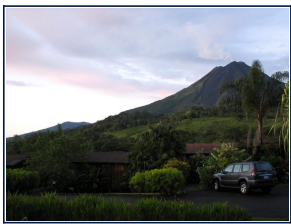




## **COACH TOUR - NATURAL WONDERS OF COSTA RICA - 8N/9D**



### **ITINERARY**

Natural Wonders of Costa Rica:  
9days Tour (Trafalgar)

San Jose and Sarapiquí to the Los Angeles Cloud Forest and Carrillo Beach – the urban highlights and natural wonders of Costa Rica are revealed, on this in-depth adventure.

You'll enjoy Insider moments like... meeting the Quintanas at their eco-hacienda, where you'll discover the secrets to their sustainable way of living, explore the gardens and share delicious home-made dishes and local wine together.



Day 1 : ARRIVE SAN JOSE

Welcome to San Jose, your journey begins with a warm greeting at the airport from a local host and a transfer to your hotel. At 6 p.m., gather at the hotel with your Travel Director and travelling companions for a Welcome Reception.

Meal(s)

Welcome Reception

Hotel : Studio Hotel



Day 2 : SAN JOSE - SARAPIQUI - ARENAL (2 NIGHTS)

This morning head towards the Poas Volcano area, where you visit a local coffee plantation. Learn about coffee production in Costa Rica from the owner and sample a cup of gourmet coffee. Then, continue to Sarapiqui, an off the beaten path and rarely visited area surrounded by dense rainforests and full of wildlife. Here you are welcomed by Don Alberto and Doña Ana Quintana for a Be My Guest experience at their beautiful Hacienda Pozo Azul. Enjoy a tour of the plantation before sitting down for a delicious and convivial luncheon with your hosts. Afterwards, continue to La Fortuna de San Carlos, home of the giant Arenal Volcano. This afternoon is free for you to relax by the pool or in the hotel's beautifully landscaped hot springs.

Meal(s)

Full Breakfast

Be My Guest Dining

Dinner

Hotel : Arenal Kioro Hotel Suites and Spa

Day 3 : ARENAL SIGHTSEEING AND FREE TIME

Start the day with a guided visit to the Arenal Hanging Bridges where you can walk eye-level within the lush canopy, observing monkeys, sloths and colorful chattering birds up close. Then, savour a typical Costa Rican lunch before an entertaining Cultural Insight, brightened by the dances of children from a local school.

Afterwards, enjoy an informative visit at the Asis Project, a wildlife refuge where you will learn how the center helps preserving the life of endangered animals and get up close and personal with a wide variety of animals. Back at the hotel, there is more time to relax in your suite.

Meal(s)

Full Breakfast

Lunch

Day 4 : ARENAL - RIO PERDIDO (2 NIGHTS)

Today head towards San Bernardo Lowlands, located in the Guanacaste province. This place is a hidden gem, two converging canyons, where the cool Rio Blanco meets the hot waters of Rio Perdido. Upon arrival, you will have the afternoon at leisure. The beautiful resort offers spectacular sights and many activities, all just steps from your forest bungalow.

Meal(s)

Full Breakfast

Dinner

Hotel : Rio Perdido Thermal Spa Experience Hotel

**Day 5 : RIO PERDIDO FREE TIME**

The day is free for you to pursue your own interests. Take a short walk from your bungalow and in minutes you'll spot unique species of mammals, reptiles and amphibians. Thrill seekers can bike the miles of trails, zip line, take a hike, go white water tubing. There are over a dozen unique options..

Meal(s)

Full Breakfast

Dinner

**Day 6 : RIO PERDIDO - PALO VERDE - CARRILLO BEACH (2 NIGHTS)**

Today, leave behind the dwarf forest and descend to the pristine Carrillo Beach at Nicoya Peninsula. This white sand beach is a secret paradise framed by mountains. En route, enjoy a boat ride on the Tempisque River through the famous Palo Verde National Park. Cruise through 12 different types of habitats, including 4 different species of mangrove trees, 55 aquatic plants and 150 species of trees, a real treasure for those who love and appreciate nature. After a typical lunch served in the park, continue your journey to Carrillo Beach where the rest of the day is at leisure.

Meal(s)

Full Breakfast

Lunch

Hotel : Nammbú - Beachfront Bungalows

**Day 7 : CARRILLO BEACH FREE TIME**

A white sand beach right off your bungalow, pristine and warm water and a beautiful blue sky - the perfect way to enjoy the "pura vida" way of living of the locals. If you wish, take the shuttle to the township of Samara for lunch at one of its casual restaurants and some shopping, or perhaps take an optional activity such as snorkelling, kayaking or surfing - the options are endless. Your Travel Director is on hand to help you planning your perfect day.

Meal(s)

Full Breakfast

Day 8 : CARRILLO BEACH - LOS ANGELES CLOUD FOREST  
mid-morning travel back towards San José, but not before one last stop, this time in the Los Angeles Cloud Forest. In this beautiful reserve the weather is much cooler and rain is expected during the afternoons. Join your Travel Director for a different type of experience as you are taken on a nocturnal visit through the Cloud Forest - when the sun goes down, the Cloud Forest transforms itself like no other habitat in the world. You'll see countless species of animals, birds, insects and plants. Later, share your experiences with your fellow travellers at a festive Farewell Dinner.

Meal(s)

Full Breakfast

Farewell Dinner

Hotel : Villa Blanca Los Angeles Cloud Forest Hotel

Day 9 : CLOUD FOREST - DEPART SAN JOSE

Travel back to San Jose's Juan Santamaria International Airport for your flight or extend your stay at the Studio Hotel, San Jose.

Meal(s)

Full Breakfast

INCLUSIONS:

Sightseeing Highlights:

Visit San Jose and a nearby coffee plantation, Sarapiquí, Arenal National Park, Los Angeles Cloud Forest Reserve, Palo Verde National Park, Rio Perdido and Carrillo Beach

View Arenal Volcano

Dining

8 full breakfasts.

3 lunches

(including Be My Guest).

4 dinners.

Travel Highlights:

- ☐Luxury air-conditioned coach with WiFi in most countries or alternative transportation (such as rail journeys)
  - ☐Hand-picked 4 and 5 star accommodation
  - ☐Hand-picked Insider Experiences
  - ☐Optional Experiences and free time
  - ☐All portorage and restaurant gratuities
  - ☐Must-see sightseeing and surprise extras
  - ☐An expert Travel Director and separate Driver
  - ☐All hotel tips, charges and local taxes
  - ☐Airport transfers on the first and last day of your guided holiday
  - ☐VIP entry to many sights
  - ☐Audio Headsets for flexible sightseeing
  - ☐7 nights First Class accommodation
  - ☐Rain ponchos and umbrellas provided for your use
- Airport Transfers